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The Official Bulletin of Rotary Club of Navi Mumbai Hillside

Issue No. 1

Project Purnbramha 01 Dec 2024



Rotary Club of Navi Mumbai cohosted project "Purnbrahma" which included training of SHGs volunteers and other interested groups for Millet Training at Baramati,Pune at Krishi Vigyan kendra for eradicating unemployement and generating community economic development.

A session on Stress Management and Motivation 02 Dec 2024

Rotary Club of Navi Mumbai Hillside conducted a practical session on Stress Management and Motivation for the students of Institute of Companies Secretaries of India,Nariman Point on 2nd December '2024.It was wonderful engaging intellectual group of people and taking them through the journey of learning and facilitating. Heartfelt thanks to Ms.Kavita Nair for providing valuable suggestio



International Day of Persons with Disabilities 03 Dec 2024



Members of Rotary Club of Navi Mumbai Hillside celebrated International Day of Persons with Disabilities at Swami Brahmananda Pratisthan School and Swayam Siddha School on 3rd December'2024 by spending time, playing games and encouraging them in all the activities they performed. It was indeed a heart touching moment for all of us. Such efforts not only strengthen the community but also position Rotary as a champion of inclusivity and equal opportunity for all.

Diabetes Awareness and Post Menopausal Health Tips 07 Dec 2024



Rotary Club of Navi Mumbai Garima as a Lead Host ands RC Hillside, RC Samaritans, RC Smart City and Inner wheel club of New Bombay Seaside as Cohost successfully organised an online Seminar on Diabetes Awareness covered by Dr Sudhir Sharma a well known Physician and Post Menopausal Health tips given By Rt Dr Bharati Morey a seasoned Gynecologist. Date was 7 th dec 24. As a part of Disease Prevention and Treatment initiative by rotary the knowledge was imparted to 20 beneficiaries from Rotary Chetana foundation and inner wheel club. It was an interactive and informative session.

Polio Vaccination Drive 08 Dec 2024

Rotary Club of Navi Mumbai Hillside participated in polio vaccination drive organized by NMMC at various areas of CBD Belapur on 8th December'2024 as part of its commitment to eradicating polio globally. The drive focused on raising awareness about the importance of immunization and ensuring that every child, regardless of location or socioeconomic status, receives protection against the crippling disease. A large number of club members were



part of this drive and made it super successful.Special mention to Rtn Dr Ghanshyam Dulera Sir for applying his medical expertise in this drive and providing valuable suggestions and guidance to the parents of children who came for vaccination.

Annadan (Annapoorna Day)



Rotary Club of Navi Mumbai Hillside distributed food packets to all the volunteers of NMMC who were part of polio vaccination drive in various sectors of Belapur. The total number of beneficiaries were 20

An awareness session on Drug Addiction Prevention

10 Dec 2024

In an era dominated by growing societal pressures and substance abuse have emerged as significant challenges among youth. Recognizing the urgency of addressing these issues, Rotary Club of Navi Mumbai Hillside organized a comprehensive awareness drive aimed at educating and empowering youngsters to make healthier choices on 10th December2024 at Appejay Institute of Hospitality Management, Belapur from 3.30 pm-5 pm by Rtn Amit Srivastav Drug abuse continues



to pose a grave threat to the well-being of young people. Through heartfelt testimonials, expert-led discussions, and creative activities, the drive aimed to spread awareness about the dangers of substance abuse. Rtn Amit shared insights into the physical and psychological toll of drugs, and also provided guidance on how to resist peer pressure and seek help if needed. The campaign emphasized the importance of building supportive relationships and fostering a sense of purpose.

Mobile Addiction Prevention10 Dec 2024



In an era dominated by growing technology have emerged as significant challenges among youth. Recognizing the urgency of addressing these issues, Rotary Club of Navi Mumbai Hillside organized a comprehensive awareness drive aimed at educating and empowering youngsters to make healthier choices on 10th December 2024 at Appejay Institute of Hospitality Management, Belapur from 2-3.30 pm by Rtn Amit Srivastav With smartphones becoming an inseparable part of modern life, excessive usage has led to issues like decreased attention span, disrupted sleep patterns, and a lack of

real-world social interactions.RCNM Hillside organized an interactive sessions to highlight the importance of balanced screen time. Various activities on digital detox strategies, time management, and the value of face-to-face communication were conducted. Youngsters were encouraged to engage in physical activities, hobbies, and community service to reduce reliance on their devices.

Distribution of school essentials and dry snacks 11 Dec 2024

Rotary Club of Navi Mumbai Hillside organized a heartwarming event at R.Z.P School Owe Navin,Kharghar to support underprivileged students. Demonstrating their commitment to community service, club members distributed essential school supplies, including notebooks, stationery, etc, to the children. Alongside these educational tools, students were also provided with nutritious dry snacks to encourage their health and well-being. The event aimed to alleviate



the challenges faced by children from economically disadvantaged backgrounds, ensuring they have the resources to thrive academically. The cheerful smiles on the children's faces reflected the impact of the initiative, highlighting the importance of collective efforts in fostering education and care.

Pawprints of Love-A visit to Dog Shelter Home

18 Dec 2024



Rotary club of Navi Mumbai Hillside and Rotaract Club of Bharati Vidyapeeth executed a project Pawprints of Love at Dog shelter home situated at Panvel on 18th December'2024 The activities which were conducted there included : 1. Spending time with Dogs and interacting with the NGO on how they took care of Dogs, what all conditions they have recovered the dogs from and what treatment is going for the suffering dogs and cats 2. The group which visited the dog shelter home was divided in small groups for the activities of Painting the Dog Water Bowls, Dog Protection Cages and creative

paintings and writeups on the Shelter home walls. 3. Lastly the Rotarian and Rotractors personally tied the collar Belts to the dogs. The Dog food was also donated to the shelter home. Thanks to the young Rotarian of our club @Dhyey Vaida for initiating this project!!

Munafa Bazaar 20 Dec 2024

Rotary Club of Navi Mumbai Hillside ,Rotaract Club of Bharati Vidyapeeth and Finance club of BVP jointly organised an event named Munafa Bazaar (Earning while learning).There were 15 stalls set by the students showcasing their products and services for sale.A group of 3 judges were invited Rtn Rama,Rtn Ravi Ahlawat and Mrs. Smita Shrivastava to assess the business acumen of students as well as rate their stalls in terms of Pricing,Marketing and Creativity and Innovation



Annadan 21 Dec 2024

strategy. Trophies and certificates were distributed at the end of the event. It was indeed a most engaging event with lots of fun and learning!!

Rotary Club of Navi Mumbai Hillside and Rotaract Club of BVP distributed 50 boxes of nutritious Khichdi to the construction site workers near Belapur Metro Station on 21st December'2024. It was truly a great initiative by Rotractors and Rotarians.

Christmas Celebration with Kids at Cancer Hospital 24 Dec 2024

Rotary Club of Navi Mumbai Hillside, Rotary Club of Namastu and Innerwheel Club of New Bombay Hillside celebrated Christmas at St Judes home for kids undergoing treatment for cancer at ACTREC at Kharghar. Sweaters, woollen socks, Santa caps, diapers and goody bag containing fruits, dry fruits packet and cake were distributed. A magic show was also organised for the children and their parents for their entertainment. Total number of beneficiaries were 48



Thallasemia Awareness Session24 Dec 2024

Rotary Club of Navi Mumbai Hillside organised a Thallasemia Awareness session by Rtn Prem Kumar Sir for the club members on 24th December'2024.It was very informative and interactive session. He gave emphasis on care,awareness and prevention of Thallasemia and appealed all members to be part of this campaign



An Awareness session on Drug Addiction Prevention

26 Dec 2024

In an effort to address the growing concern of substance abuse among Children and youth, Rotary Club of Navi Mumbai Hillside held an awareness session focused on Drug Addiction Prevention on 26th December2024 at Peoples Education Society for approx 250 students in Marathi Medium.. The program aimed to educate students about the dangers of drug addiction, its impact on mental and physical health, and ways to prevent and combat this critical issue. Rtn Amit Srivastav



was the speaker of the session and the pedagogy used by Rtn. Amit for this session was Story Telling, Role Playing, Participatory Discussions etc. The entire session was highly interactive and engaging.

Ek Surmayi Shaam 15 Dec 2024

The Rotary Club of Navi Mumbai Hillside is proud to announce the resounding success of its recent musical fundraising program, Ek Surmayi Shaam held on 15th December 2024 at Vishnudas Bhave Natyagruha, Vashi. The event brought together music enthusiasts, philanthropists, and community members to enjoy a night of spectacular performances while supporting a noble cause. This year's fundraiser was organized to raise funds for Annadan at Tata Cancer Hospital.Infrastructural help to Swami Brahmanand School, Kharghar and Thalassemia free Navi Mumbai Featuring performances by Rana Chatterjee, Sangeeta Malekar, Kavita Joshi, Dr Bhushan Patil, Dr Pooja Bandekar, Dr Pranit Farande, Rtn Prem Kumar and Ajay Madan. The evening showcased an incredible blend of talent, passion, and generosityThe notable guests present for the show were DG Rtn Dinesh Mehta, IPDG Rtn Milind Kulkarni, DGE Rtn Harsh Makol and DGND Chandrahas ShettyThe achievement and success of fund raiser was made possible by the combined efforts of dedicated Rotarians, generous donors, and talented performers who gave











